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A Ponderous Tome

A ponderous tome, comprising nearly a thousand pages, to say nothing of innumerable appendices and reams of statistics, the report of the Royal Commission on Dominion-Provincial relations provides plenty of food for thought and a lot of material for discussion, and it is a reasonable conclusion that it will occasion a great deal of talk before its recommendations are implemented.

It is safe to say that no more important document has been presented to the nation since Confederation and it requires little reflection to state that it is high time that some of the changes recommended by Mr. St. Louis and his colleagues were put into effect. A lot of water has flowed under the bridge in this rapidly growing country since the date when the provinces were welded into a great geographical entity—Canada—by the fathers of Confederation in 1867.

Though the fathers of Confederation can be credited with a great deal of wisdom and some foresight when they allocated to the Dominion and its provinces their several spheres of jurisdiction, even they could not have been expected to predict the enormous growth, the great changes, the enormous diversity and scope of problems which would come about in less than three quarters of a century. The result of the matter is that the country has outgrown the rules and regulations laid down for its guidance and the conduct of its affairs, though those rules and regulations were admirably suited to its needs at the time they were formulated.

As a result of these great and in many cases unpredictable changes, and of the changed conditions under which the national, provincial and municipal governments have to operate to-day, the clothes which clad the dusty infant in 1867 are likely to choke the full grown adult of to-day. Hence new clothes must be cut and fashioned to suit the requirements of the present.

Favorable Reception

While it is yet too early to pronounce any conclusive opinion on the recommendations of the Sirs Commission as a whole, its general tenor appeared when first released to meet with a favorable reception in the west by those who might be expected to be competent to give an opinion on such weighty subjects and based solely on newspaper summaries of the contents of the document.

Certainly there can be no two opinions on the recommendation that the Federal government assume full responsibility for unemployment relief, though municipal men are inclined to question the decision that this responsibility should be confined to the employables, on the ground that the unemployed jobs have multiplied enormously during the depression decade. It can be safely assumed that strong pressure will be exerted to secure a greater measure of federal aid, if not full responsibility, for the unemployed on relief.

On the first appearance of the summary of the report municipal men were also inclined to look askance at the absence of any definite recommendations for relief from municipal indebtedness. It may be presumed, however, that the Commission took the view that this was not a matter for a body dealing with Dominion-provincial relations, since the municipalities are creatures of the respective provinces which set them up and that this is a matter which the provinces should deal with themselves. No doubt, also, it was felt that the financial relations between the municipalities and the provinces are so variable in different parts of the country that the Commission should not delve into this subject beyond making a recommendation that the provinces assume a greater measure of control over municipal finances.

A Secondary Consideration

While, as already stated, it is high time that the country receive such a report as that submitted by the Sirs body and make some changes in the constitution in the direction of better adaptation of government to the present day requirements of the country and its constituent parts, it is unfortunate that it comes at a time when the nation is bending all its energies to the prosecution of a war, which is evidently to be waged to a finish.

The term "unfortunate" is used, because, while such important measures as those recommended by the Royal Commission are to be treated lightly; in fact, deserve and should have the most serious and thoughtful consideration before action upon them is taken, if time is taken by the national government and those of the provinces to such questions as to present time it might detract somewhat from the country's war effort. On the other hand, the financial relations between the Dominion and the provinces are so important to be dealt with hastily and without a full course of discussion.

In view of the fact that this country is now engaged in a struggle for its very existence, it may be necessary to defer action on the report until such time as more attention can be given to problems without running any risk of interfering with a matter of even greater importance.

Appeal For Funds

D. H. Gibson, of Toronto, Dominion president of the Navy League of Canada, announced that a Dominion-wide appeal for funds to carry on the work of assisting men of the British and Canadian navies and the mercantile marine, will be launched the latter part of September. Gibson said the appeal will be made to Canadians on behalf of the work in Britain as well as in Canada.

FEMALE PAIN

Women who suffer painful, irregular periods with nervous, moody spells due to functional disorders, should try Dr. R. P. Pinkham's Compound. Dr. Pinkham's Compound is made especially to help women. It goes to the source of the trouble, and gives you so much more health and vitality. Write Dr. R. P. Pinkham, Lynn, Mass., for a free booklet.

Mixed This One

The Port William Times-Journal says Scotsmen have given their names to a number of things every day use, which are no longer printed with the word "Scots" but with "Scotsman". We wear neckties, we drive on macadamized roads, and protect the backs of our chairs with anti-macadam. No Scotsman, however, has arisen to lay claim to the invention of the stuff named after MacArthur.

Would Reproduce Naval Fight

The British government is considering an animated reproduction of the battle of Jutland. The plan is to be put on at the New York world's fair, Oct. 1. Mr. Picchik, commissioner-general for Great Britain at the fair, said: "Three British light cruisers defeated the 10,000-ton German pocket battleship Graf Spee in the famous action."

Air Pilots

Fighting Almon Said To Usually Have Blue Eyes

Good fighter pilots in the air usually have blue eyes. This is not a matter of mere coincidence. Scientific tests, carried out with the object of finding the ideal fighter-pilots have proved it. All pilots must be of good muscular stock and must pass a strict medical examination. This includes tests to find out whether the applicant can withstand the strain of flying in all climates and all altitudes.

Eyebright must be first class with color vision and muscular balance. The ears, nose and throat examination also is severe. Good hearing is essential, variations in the sound of the engine may be important, and a pilot must be able to hear messages coming through his earphones under any conditions of noise.

But it is the man's general characteristics which are the real point. Good fighter pilots vary a great deal in appearance—in height—in chest measurement and in purely physical characteristics—but they have something in common. This is a quality which indicates good mental and physical stamina.

As to whether the color of the candidate's eyes is any real guide, medical authorities are doubtful, but the fact that gray eyes go with a sympathetic temperament, the steady blue denote the independent, confident nature of the ideal fighter pilot.

Maybe Queen Set Style

Parasols Have Come Back Into Fashion After Many Years

Parasols are coming back with summer fashions in the great numbers since the '90's, style counts in the fashion market report. In Manhattan's largest shops they are hailed as "tremendous news" and are being worn in gayer designs and fabrics than the '90's ever knew. What's behind the parasol parade nobody seems to know. Some say it is the Queen Elizabeth's visit to Canada, and the United States last summer. Others say it's just part of the general trend.

SELECTED RECIPES

STEAMED ALL-BEAN BROWN

1 cup Kelllogg's All-Bean
1 cup soup milk or buttermilk
1/2 cup raisins
1 tablespoon molasses
1/2 cup sugar
1/2 cup flour
1 teaspoon soda
1/2 cup salt
Combine All-Bean, milk, raisins, molasses and sugar. Stir flour with soda and salt. Add to first mixture, stirring until flour disappears. Fill greased casserole with mixture, and steam for three hours.
Yield: Two loaves (1 1/2 cans).

SALMON CASSEROLE

4 tablespoons butter or other shortening
3 tablespoons flour
1/2 cup milk
2 cups cooked salmon
1 cup cooked or canned peas
1/2 teaspoon scraped onion
Salt and pepper

Melt butter in sauce with butter, milk and milk. Season to taste. Drain salmon; remove skin and bones and flake. Add salmon, peas and onion to sauce. Turn into greased casserole. Cover with Crisco's Premium Soda Crackers which have been buttered with lemon butter (a little lemon rind and juice added to butter). Place under broiler and broil until crackers are a delicious brown. Serve immediately.

Indissoluble Union

"The British Empire and the French Republic are now joined together in indissoluble union so that their high purposes may be accomplished and immense progress has been made in almost every direction of their common life. They are proving their defences and adapting their whole economy and way of life to the service of the common cause."

—The First Lord of the Admiralty

LOOK OUT FOR YOUR LIVER

It may be the cause of your troubles. Look it up the right way with Fruit-A-Tives. Feel grand.

Your liver is the largest organ in your body and most important to your health. It takes care of the blood, filters out the poisons, and keeps the blood clean. When your liver gets out of order, it causes all kinds of troubles. You feel tired, dizzy, and out of sorts. You lose your appetite, and your blood becomes impure. You feel grand when you take Fruit-A-Tives. It's the best way to keep your liver healthy. It's the best way to feel grand.

Fruit-A-Tives Liver Tablets

An Interesting Test

Experiments To Determine Whether Hot Water Freezes Faster Than Cold

Does hot water freeze faster than cold water? This has been a subject of much controversy among laymen. Now the scientists have entered the discussion, with conflicting findings. To the physicist there is just one answer, if the experiment is performed under ideal conditions—that cold water will freeze faster than hot. But in practical experiments it is not always possible to obtain ideal conditions, and consequently inconsistencies, real or apparent, develop.

It was pointed out in the discussion that hot water evaporated faster than cold, and that if the experiments were started with equal amounts of water the hotter one would soon become much smaller, and that this would aid it in freezing quicker. This also would make the experiment unsatisfactory because the starting conditions were not continued unaltered.

Two series of experiments were conducted by Dr. W. B. Wood, of the University of Colorado. He made eight tests. In four of them, 250 cubic centimeters of water at different temperatures were placed in metal cylinders, and in the four others equal amounts of water were placed in glass tumblers. The results were as follows: In the first series, the time in which it took each sample to freeze in outdoor temperatures of slightly above zero was recorded.

Water boils at a temperature of 199 degrees Fahrenheit, at the 10,000-foot altitude, where the tests were made. The times in which the water at different degrees froze in the cylinders were 199 degrees, 54 minutes; 84 degrees, 42 minutes; 68 degrees, 39 minutes; 50 degrees, 37 minutes. When the pie tins were used, the times were 199 degrees, 139 minutes; 84 degrees, 35 minutes; 68 degrees, 31 minutes; 50 degrees, 29 minutes.

It is apparent from these figures that the shape of the vessel has as much to do with the results as the boiling water. The shape of the vessel was the same in the first series, but in the second series it was placed in a cylinder, but only 21 minutes when placed in a pie tin. When the pie tin was used there was little difference in the freezing time whether the water was at the boiling point or 149 degrees cooler (31 and 29 minutes respectively).

The trouble with most experiments is that they are not made under carefully controlled conditions. Freshly boiled water is in a different state from unboiled water. Heated drives dissolved gases out of water. As water cools it will reabsorb gases. Boiling will precipitate certain dissolved solids. All these changes make a difference in the rate at which water will absorb heat or give it up.

In scientific tests these factors must be controlled, as well as the air pressure at which the tests are made. The temperature to which the water is exposed must be kept constant, and the specific heat of the vessel in which the water is contained must be considered. When these conditions are observed and the only difference between two samples of water is their temperature, then cold water will freeze faster than the hot.—By John J. O'Neill in the New York Herald Tribune.

Costal Defence

Civilian Workers Trained To Meet Any Warlike Emergency

Through the close collaboration of provincial governments with the department of pensions and national health in Ottawa, civilian defence corps in the seaboard provinces of Canada have reached a high degree of organization to meet any warlike emergency arising from enemy raids, sabotage, fire or an explosion in vital ports.

Halifax has a trained corps of 400 civilian workers and 200 air raid wardens, trained by the St. John Ambulance Association. Similar organizations exist in Sydney, Saint John, Quebec, Vancouver, Victoria, Nanaimo and Prince Rupert.

Gaelic And Welsh

Gaelic and Welsh may be spoken freely over the radio in Canada except from all restrictions placed on foreign language broadcasts. Col. R. P. Landry, chief radio director of censorship co-ordinating committee, said at Ottawa: "They are basic languages and essentially British, so we thought they are in the same category as English and French so far as censorship is concerned." Col. Landry said.

Bicycles in Paris must be licensed, the fee being equivalent to 50 cents.

**BEE HIVE
GOLDEN CORN SYRUP**
—A Great Energy Food

Road Maps

Inventor Has Solved The Difficulties Encountered By Motorists

"Life would be stationary and progress would be at a standstill if the road maps did not exist. The inventor of the new map has solved the difficulties encountered by motorists."

There is the matter of road maps; they have caused a lot of irritation in their time. Neatly folded, they look innocent enough, but open one up when driving or have the second person sitting in the front seat do so, and immediately it behaves like a piano accordion that has got out of hand or a horizontal jack-in-the-box that just will not be squelched.

But a man with an inventive turn of mind has done something about this question of "map trouble." He has devised a simple case with two rollers. The map is inserted like a roll of camera film, and a small transparent window permits of easy reading. No more of that struggling in the wind, like a deep waterman off the Horn with a maul and that requires to come home to the yard. The map can be read and its routes traced.

Blessings on the inventor of our times!—Hamilton Spectator.

Loss To Medical Profession

Dr. Harvey Smith, Provincial Practitioner, Dies In Winnipeg

Dr. W. Harvey Smith, 72, former president of the British and Canadian medical associations died recently in Winnipeg following an illness of several months.

He was instrumental in the founding of Winnipeg medical arts building in 1922, the first building of its kind in Canada owned and operated by the medical profession.

Dr. Smith's career reached its peak in 1922 when he was elected president of the British Medical Association. He was elected Canadian to hold the honor. In 1930 he acted as chairman and co-president of the British and Canadian medical associations at their joint meeting in Winnipeg.

As late as the 18th century goldsmiths commonly acted as bankers.

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| (1) Newsweek, 1 yr. | (1) Rod & Gun, 1 yr. | 2.50 |
| (1) Physical Culture, 1 yr. | (1) Photography, 1 yr. | 2.25 |
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Town & District

Miss Livingstone of Minnedosa, Man., is visiting at the home of Mr. and Mrs. A. W. Gillett.

Mrs. D. H. Campbell of Delta is spending a few days in town visiting her niece Mrs. G. W. Evans.

This has been a great year for the sale of combines in this district. Every day combines are to be seen leaving town for the farms.

Grain farmers may have no fear of the rumoured lumber shortage if they will build staves and wire bins for the storage of their crops. It is estimated by experienced grain men.

The heliograph is the first invention of the heliograph for flash communication—but he is wrong. The prong horned antelope has been using this form of signalling for perhaps thousands of generations before it was d-camed by mankind.

Undoubtedly this method of communication has been of great service to the species. By the natural range of the prong-horned antelope is usually the open prairie where there is little or no cover.

Previous attempts to breed antelope in captivity had met with little success owing of the effects of the shock of capture and it was believed that only in a large area where they are unaware of their confinement would the antelope survive in numbers.

To the antelope's innate curiosity may be ascribed his greatest danger of destruction. At the first sight of an enemy he bolts away at the speed of a race horse, but unless pursued he is apt to turn back and investigate the cause of his flight.

Resides being equipped with nature's heliograph, the antelope has another claim to scientific distinction. It is the only member of a special family found nowhere else in the world. The antelope tribe it is hollow horned, but unlike them, it sheds the outside sheath every year in the same manner in which women cut their hair and their ankles.



Quick Results

May be depended upon from the use of the West Ad. The births, deaths, marriages and other Classified columns are usually included in even a very perfunctory perusal of the paper.

Classified Ads

Notice under one reading 15 words or under 50c. First insertion and 25c. each subsequent insertion 3 weeks \$1.00. Over 15 words one cent per word for each line.

FOR SALE—Cook Stove, 6-burn. Perfect order Cheap. Mrs. Gorrill, Gleichen.

THAT'S RIGHT YOUR WRONG Kay Kaiser, A. Menjou and Lucille Ball

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